

## PERSONALITY WORKSHEET

Another way to get a picture of yourself is to take a good look at those traits that make you who you are.

Read through the following checklist. Mark all the traits you feel describe you. (Mentally add any that are not listed.) Whittle your choices down to the ten traits that are most like you.

Think about these characteristics. Think about the jobs you most enjoyed and those you didn't. Most likely, the work you loved allowed you to be who you are.

□ Accurate	Idealistic	□ Sensible
□ Adaptable	Imaginative	□ Sensitive
□ Ambitious	Independent	Sociable
Analytical	Intelligent	□ Supportive
□ Assertive	Logical	Tenacious
🗆 Calm	□ Motivated	□ Thorough
□ Competitive	Optimistic	□ Trustworthy
Confident	Organized	Understanding
□ Conscientious	Outgoing	□ Versatile
□ Creative	Persuasive	□ Sensitive
Diplomatic	Practical	Sociable
Easy going	Precise	□ Supportive
Efficient	Punctual	Tactful
Enthusiastic	Realistic	Tenacious
Friendly	Reliable	Thoughtful
🗆 Helpful	C Resourceful	□ Trustworthy
🗆 Honest	□ Responsible	Versatile